

CALL OUT FOR PERFORMERS aged 65+

Tangled Feet theatre company and the ARC, Stockton.

# HALF LIFE

Performances: Fri 7 and Sat 8 February, 2020.

tangled  
feet



## About the show:

Tangled Feet are a physical theatre ensemble whose members are about to turn 40. They met 20 years ago and have been creating theatre together for half their lives.

To mark the moment the company have created a new show, *Half Life*, with a unique intergenerational company of ten year olds, 20 year olds and 65+ year-olds to wrestle some of life's big questions:

**How does our perspective change as we age?**

**How do we cope when we don't know what's coming next?**

**Are we always going to feel like we are making it up as we go along?**

*Half Life* brings together people from across the generational divides in a playful, anarchic celebration of growing up and growing old.

Co-commissioned by The Albany, Stockton ARC and the Gulbenkian, Canterbury; it premiered at The Albany, Deptford in October 2019.

***"This was a brilliant experience for me, I had so much fun and it felt like Tangled Feet were a big family. I'd definitely recommend it. I was nervous to turn up at first but was so glad I did"*** Participant in 2019

## How do we rehearse?

In the lead up to the show, we workshop ideas and rehearse the show over three or four Saturdays. In the show week, everyone works together more intensively. All rehearsals are at the ARC Theatre. We can support transport costs/arrangement.





## **Rehearsal and performance dates:**

**Taster session:** Friday 6 December, 2.30 - 4.30pm, Stockton ARC  
Come and find out more, meet the team - no need to commit straight away.

### **Rehearsals:**

Wednesdays 15th, 22nd and 29th January, 2.30 - 6pm (you need to attend all three)

### **Show week:**

Mon 3 Feb: 4pm - 7pm

Tues 4 Feb: 4pm - 7pm

Weds 5 Feb: 4pm - 7pm

Thursday 6 Feb: 4pm - 7pm

Friday 7 Feb: 4pm - 8.30pm (first show)

Saturday 8 Feb: 1pm - 3pm and 6.30pm - 8.30pm (matinee and third show)

**Please talk to us if you have availability issues.**

## **Is it for me?**

### **You need to be:**

- Openminded, generous, curious and able to share and listen
- Excited by the creative challenge of exploring different perspectives with people who are 10, 20, 40 and 65+ (ish)
- Able to remember cues with support
- Able to commit to attending rehearsal and performance calls

### **You DON'T need:**

- To have experience of performing before, although it is helpful
- To learn any lines or 'play a role' (but you will need to be able to remember cues, with support)
- To attend an audition. We can meet people to talk to them about the project.

**Tangled Feet can make adaptations for people who have disabilities, including mobility issues. Please talk to us to discuss how we can accommodate you.**

**More info: Holly: email [holly.blythman@arconline.co.uk](mailto:holly.blythman@arconline.co.uk) / phone 01642 665401**

**[www.tangledfeet.com](http://www.tangledfeet.com)**